

KCFFI Meeting of Youth Serving Organizations

June 2nd, 2008 4:30 – 5:30pm

Youngstown Cultural Arts Center

NEXT MEETING: TBD

Present: Randy Engstrom, Estevan Munoz-Howard, Marissa Chavez, Maggie Anderson, Vanisha Duggal, Amy White, Shalimar Gonzales, Brad Gaolach, Quyet Huynh

Meeting Notes

- **Grocery Audit**
 - 11 people (not including Quyet and Branden) participated in the grocery audit of Delridge and White Center. Of the 11 participants, 8 were youth and 3 were young adults. Each pair surveyed 2-4 stores, depending on the size of the store. In total, 17 stores were visited. One team was asked to leave 2 major grocery stores and 2 other teams each were asked to leave a small corner / neighborhood store.
 - Each group was given \$5 for each store they would visit, in order to purchase foods to be donated to the West Seattle Food Bank. In total, \$65 worth of foods were donated.
 - Based on the USDA's Thrifty Food Plan, for a family of 4, a weeks worth of groceries would cost:
 - QFC: \$199
 - Albertsons (in White Center): \$132
 - Safeway: Not enough information (asked to leave)
- **Delridge Day**
 - UW's College of Architecture and Urban Planning created a board with a map of food stores in the Delridge and White Center neighborhoods. Community members were asked to mark where they get their groceries, and indicate on a chart how they got there (walk, drive, bus, taxi, and other).
 - Community members were also asked to complete a short survey about their food shopping habits.
 - Youth were not available to assist in recruiting and surveying.
 - It is estimated that between 500-600 people attended the event throughout the day.
- **Detroit Conference**
 - 4 youth are ready to go [Emma, Cham, Thomas, Kamilah], with 1 position still open
 - The youth group will depart Seattle on Sunday, June 22nd
 - Monday morning (before other conference attendees arrive), the youth will prepare for the conference, including finalizing youth led activities, discussing what to expect and reviewing the food & fitness initiative for those who are new.
- **Wednesday Night Dinners**
 - At this time, the dinner plans have not been finalized. Currently, the tentative plan includes:
 - Meeting from 5-8pm (5-6 Cook, 6-7 Eat and 7-8 Discussion)
 - Allowing for approximately 30 people to attend each Wednesday, which includes the core group of youth, youth from other youth serving organizations, youth from the community and supporting adults. Attendees must RSVP
 - The dinners will be at Youngstown, with meals cooked in the kitchen.
 - Randy has arranged for a cook to help the youth with recipe ideas (and to be a lead in the kitchen)
 - This opportunity allows for the youth of Delridge & White Center to get together with youth from the King County collaborative to have a "discussion" around food

and fitness in the county and how that can contribute to the work and plans being developed for the focus communities.

- Questions raised included:
 1. What are the costs?
 2. What resources have already been secured? Have the collaborative partners been contacted for potential contributions?
 - PCC could possibly offer other donations
 - Full Circle Farms? Do they have a drop site in the West Seattle area?
 3. Do the youth understand why they are doing this?
 4. Who will cook? Is there a food permit?
 5. Will there be staff present to capture the information that is discussed?
 6. What are the core contributions of FAF? What are the barriers to access they experience?
 7. How can the initiative help to move things forward?
 8. What kind of dialogue are we aiming for?
 - Examples: How does your organization fit into the Food & Fitness initiative? What do you do that contributes to this?
- Erin and Brad will follow up with Randy regarding the specifics of this dinner
- **Mini Grant for Youth**
 - The California Center has put out a request for mini-grant applications, in the amount of \$2,500 to support youth involvement in shaping the Food and Fitness Community Action Plan
 - The proposal must be written and submitted by the youth, highlighting youth in leadership roles and supporting youth engagement in Food and Fitness.
 - The deadline for the proposal is July 15, 2008.