

## MENTAL MODELS:

### Example 1:

Food: Food purchasers and consumers believe that local healthy food impacts their health, benefits the local economy and is more valuable; therefore, they are willing to commit more of their resources to find and use local healthy food

### Example 2:

Built Environment: Families and people of all ages believe daily physical activity is necessary for their health and well-being; therefore, they will prioritize their time and take advantage of our places and spaces for physical activity and play.

## SCHOOLS:

Schools and teachers recognize that healthy food and ample physical activity are crucial to the physical, emotional, and mental health of children and help create a positive learning environment: Therefore they will ensure that fresh local foods and ample opportunities for physical activity and play as well as education, recognizing their importance, are readily available.

## YOUTH:

Youth of all cultures believe that they will have a key role in creating and sustaining positive community culture by supporting their belief that eating healthy local foods, engaging in daily physical activity is key in creating a long fulfilling life: Therefore they will participate in planning activities which promote these beliefs.

## COMMUNITY MEMBERS:

We believe that families and community members in White Center already desire healthy and safe activities for people of all ages, therefore they will provide input and engage in a decision-making process that will help them prioritize time for these activities.

## ELECTED OFFICIALS:

### I: Vision: Walkable Communities

Walkable communities are essential for climate protection, healthy neighborhoods, a better transportation system, and healthy local economies. Therefore, we are willing to fund bicycle and pedestrian infrastructure and change policy for transportation and land use to support walkable communities.

### II: Vision: Organized Recreational Activities

I believe organized recreation builds community involvement gives youth a strong tool to succeed in school and after school, helps seniors stay active longer, and brings cultures together. Therefore, we will support funding for programs and continue to provide maintenance and staffing for facilities.

## BUSINESS

Business are active in community and responsive to community needs and are driven by sustainable and ethical methods. Therefore, businesses follow a model that recognizes

how business themselves benefit the community—not just how they benefit from the community (monetarily \$).

**COMMUNITY ORGANIZATIONS:**

Community Organizations believe that they are more effective when brainstorming and engaging county stakeholders. Therefore, we will grow our network to increase access/awareness/affordability of good food & a healthy lifestyle.

**REGULATORY AGENCIES:**

Regulatory agencies recognize and promote the connection between health and safety as they relate to our food system and built environment. Therefore, the legislation put for by the agencies reflect a whole community health perspective and address social equity.

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