

King County Food and Fitness Initiative Leadership Council – Community Resident Request for Participation

The vision of the W.K. Kellogg Foundation's Food and Fitness Initiative is of vibrant communities that support families and children by promoting a way of life focused on healthy food and safe places for physical activity and play in harmony with their environment.

The purpose of the **King County Food and Fitness Initiative (KCFFI)** is to increase access to healthy, locally grown food; to ensure safe environments for physical activity and play for residents in focus communities and where possible, beyond the geographic limitations of those communities. **The KCFFI Leadership Council is seeking applications from White Center and Delridge Neighborhood residents** (up to three will be nominated from each community) to serve on the Leadership Council during the initial two-year planning phase.

Expected outcomes of the KCFFI planning phase are to:

- 1. Establish a diverse, community wide collaborative** with special emphasis on involving youth and engaging people of diverse cultures, race, and ethnicity in food and fitness planning.
- 2. Develop a community action plan** by working with residents of White Center and Delridge, KCFFI Collaborative Partners, the Leadership Council, and the co conveners to create a vision and plan actions to bring about change. The planning process will involve a community participatory approach to collecting information, learning, and evaluating the process.

For more information on the King County Food and Fitness Initiative visit www.KCFFI.org

For information about the Kellogg National Food and Fitness Initiative, visit www.wkkf.org/faf

Purpose of the Leadership Council

The KCFFI Leadership Council is the primary decision-making body for the Initiative during the initial two-year planning phase, working closely with the co conveners to assure that planning and activities are carried out effectively and that the mission and vision of the Initiative are realized. The council will be composed of 10 – 15 Collaborative Partners that bring the perspectives of the diverse food system, physical activity and built environment sectors of the larger KCFFI Collaborative and up to three community members from each of the focus communities (White Center/ Delridge).

Commitment

Leadership Council members representing Delridge and White Center must be residents of their respective communities and are expected to serve through the end of the Initiative's planning phase (April 2009). Time commitment is estimated to include monthly meetings (2 hours each) and work between monthly meetings (2 or more hours) in topic-based workgroups or planning projects. Members will be compensated up to \$1200 per year for participation.

All Collaborative Partners and community members contributing to the King County Food & Fitness Initiative are instrumental to the success of the Initiative. Participating on the Leadership Council is a significant time commitment and one that will create an opportunity to have significant impact on the outcomes of the planning process. Your interest and passion to consider participating as a Leadership Council member is greatly appreciated.

One main goal of this phase of the KCFFI is to create a Leadership Council with diverse backgrounds, experience, expertise, and perspectives. If you are interested in representing Delridge or White Center, please submit the completed form to your respective community lead.

**King County Food and Fitness Initiative
Leadership Council – Community Resident Request for Participation**

Date: _____

Name: _____

Please check one: Resident of Delridge (Seattle) Resident of White Center

Phone: _____ Email: _____

1. Please indicate the areas of interest that you feel confident you can represent if selected as a member of the Leadership Council member (please check all that apply):

- | | |
|--|--|
| <input type="checkbox"/> Built environment | <input type="checkbox"/> Parks and recreation |
| <input type="checkbox"/> Business and development | <input type="checkbox"/> Public health and health care |
| <input type="checkbox"/> Community gardens | <input type="checkbox"/> Physical activity |
| <input type="checkbox"/> Economic development | <input type="checkbox"/> Policy and regulation |
| <input type="checkbox"/> Education/schools | <input type="checkbox"/> Safety |
| <input type="checkbox"/> Employers | <input type="checkbox"/> Community centers |
| <input type="checkbox"/> Faith community | <input type="checkbox"/> Transportation |
| <input type="checkbox"/> Farmers markets | <input type="checkbox"/> Urban planning and land use |
| <input type="checkbox"/> Farming | <input type="checkbox"/> Youth and families |
| <input type="checkbox"/> Food processing, distribution, and retail | <input type="checkbox"/> Communities of color, including immigrants and refugees |
| <input type="checkbox"/> Human services | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Hunger relief | |

2. Please briefly describe your experience/community involvement in Delridge or White Center including groups that you are currently involved with and would engage in the Food and Fitness Initiative planning process.

3. Please briefly explain why you are interested in serving on the Leadership Council for the KCFFI Collaborative.

4. Please provide one or more representative examples of your experience working in community groups or coalitions.

**King County Food and Fitness Initiative
Leadership Council – Community Resident Request for Participation**

5. What would you like to see change in your community related to Food and Fitness?

6. As stated above, we are committed to creating a Leadership Council with diverse backgrounds, experience, expertise, and perspectives. How would your participation as a LC member contribute to achieving this goal?

7. Can you commit to monthly meetings and accompanying work between meetings?

Yes _____ No _____ If no, please explain.

Submit completed form no later than March 15, 2008 to:

Erin MacDougall
KCFFI Leadership Council
PHSKC Chronic Disease Prevention and Healthy Aging
401 Fifth Ave, Suite 900
Seattle, WA 98104
Email: erin.macdougall@kingcounty.gov
Phone: 206-263-8804; Fax: 206-205-0525.

Thank you for your interest!