

Leadership Council “CONCEPTS” based on Day I Visioning Exercise

- Accessible resources and information and services
- People on the sidewalk, in public spaces and out of the streets
- Neighborhood classes teaching community members of all kinds about cooking, farming, nutrition, and the food system. (maybe at community kitchens?)
- Innovative ways to provide access to local food (E.g: the grocery store bus?)
- Safe inviting open spaces (walking trails, parks, festivals/events)
- Farmers are able to make a decent living growing food
- All suitable King County farmland is in production and growing affordable food for our communities.
- Walkable neighborhoods where people meet and interact with people in their communities when walking/biking for groceries, school, restaurants, libraries, etc.
- Familiarity, safety, and affordability (spurring civic participation)
- Active participation in sports (kids involved)
- Access and training in regards to health foods grown locally or at home
- Celebrate/ build cultures of sharing food and integrated nutrition programs
- Organized recreation
- Engaged youth and creation of space for meaningful youth engagement
- There is time built into all our lives for physical activity, cooking & eating (not on the run)
- Safe natural spaces in the city for unstructured play and active exploration.
- Making available to the community events, activities, physical environments and other resources to facilitate and encourage people taking steps to improve their health.
- Walkable, healthy, local groceries, parks, art, fun
- Support changes that create time to enjoy food and fun with others.
- Car dependence is significantly diminished; our communities provide places to walk, play, shop, use transit and bike to serve our daily needs for personal and community health.
- Food is fair and just from farm to table
- Improving access to healthy foods as well as classes in nutrition and providing foods which honor everyone’s cultural background and wisdom.
- Strong communities
 - Connected communities
 - Connected over food and gardening or other activities (physical activities)
 - Community ownership over initiative
- Walkable communities
 - Safe and friendly streets
 - Destinations that are community oriented, linked by safe corridors
- Physical, economic structure in our communities model solutions to big economic, environmental resources challenges facing us into the future.
- Strong connections between vital and vibrant rural communities—where food is grown—and urban/suburban communities.
- Affordable prices and access to fresh food as a social justice issue.

- Food gardens abound
- Schools offer all students healthy foods and PE everyday.
- People have equitable access and interest in healthy food and physical activity no matter their color, language, shape, or size.
- Sustainable economic development in all areas of food supply and production to create neighborhood jobs to grow local jobs.
- Organized recreational and nutritional activities for all ages: a physically active community.
- Partnering with community organizations to integrate programs and provide resources
 - Organized youth leagues, healthy snacks
 - Organized senior activities
 - Organized park/trail activities
- Local power, collective ownership, indigenous leadership
 - Farmers markets
 - Local grocery stores
 - Created local responsibility
 - affordability