

**MEETING NOTES – King County Food & Fitness Initiative (KCFFI)**  
**Leadership Council – 12/3//08, 2:30-4:30pm**  
**LOCATION: Youngstown Cultural Arts Center**  
**4408 Delridge Way SW, Seattle, WA 98106**

<b>Meeting Goals</b>	<ol style="list-style-type: none"> <li>1. Begin the process of growing our list of promising strategies for community action plan</li> <li>2. Discuss possible criteria we want to develop that can help prioritize what will be included in the community action plan</li> <li>3. Discuss and approve Vision Statement for KCFFI</li> <li>4. Discuss and if possible, approve co-chairs for Leadership Council (if not, voting in person and later for those who could not attend)</li> </ol>
----------------------	--

<b>Meeting Notes for KCFFI</b>		
<b>Date:</b>	December 3rd, 2008	
<b>In Attendance:</b>	Martha Aitken, Maggie Anderson, * Willie Austin, *Michelle Bates-Benetua, Derek Birnie, *Baraka Cloyd, *Virgil Damaoan, David Daw, *Rebecca Deehr, *Randy Engstrom, *Aviva Furman, Phillippia Goldsmith, *Mollie Grow, *Kate Halstead, Jim Krieger, Erin MacDougall, Alberto Mejia, Suzanne Nevan, *Tyra Sorensen * <i>leadership council member</i>	
<b>Regrets:</b>	*Mary Embleton, *Kimi Martin, *Roxanne Slattery, *Bethany Tate, *Amy White * <i>leadership council member</i>	
<b>Facilitator(s):</b>	Derek Birnie	
<b>Recorder:</b>	Maggie Anderson	
Issue	Discussion	Outcome, Action, Accountability & Completion Date
<b>1. and 2. Energizing possible strategies and criteria – activity and discussion</b>	<p><b>Summary:</b> The group worked on reviewing and analyzing promising strategies for healthy eating and active living (worked in groups on wall paper), provided input, and practiced using criteria like <i>values-centered, innovation, feasibility</i> etc. (see attached)</p> <p><b>Discussion:</b></p> <p><b>Reflections from round one:</b></p> <ul style="list-style-type: none"> <li>• The exercise makes you want to keep going (like there’s so much more to see and not enough time)</li> <li>• Language + (blank vs. ideas)</li> <li>• Clear definitions of each domain would be helpful</li> <li>• Having the list available in advance would be great</li> <li>• Can we start with a blank slate in these categories/slots, and then share ideas (“pre-</li> </ul>	<p><b>Outcome:</b> The group added strategies to each area and practiced trying to prioritize strategies based on possible criteria.</p> <p><b>Action/Accountability:</b> Operations Team 12/11/08 will discuss how next to use this information in our planning process and present strategic planning goals at next LC meeting.</p>

	<p>framing”)?</p> <ul style="list-style-type: none"> <li>• Definition of categories/time to describe</li> <li>• Have someone stationed at each sheet to describe each group/domain (when used with community)</li> <li>• It was liberating not knowing other sections</li> <li>• Group size of 2-3 was good</li> <li>• Header might be a question instead of label</li> <li>• Let people choose instead of pre-assigned</li> <li>• Include businesses (e.g. restaurants, food retail, labor &amp; industry)</li> </ul> <p><b>Round two reflections:</b></p> <ul style="list-style-type: none"> <li>• Post our values on the wall where all can see if they’re going to be a criteria</li> <li>• What does “sustainability” mean? (Does this refer to \$ or also the social environment?)</li> <li>• Perhaps pick one strategy and assess it completely?</li> <li>• What is the weight of each criteria? Are they equally weighted?</li> <li>• Simplify issues or better define them</li> <li>• Should this be a two-stage process?</li> <li>• Criteria is very analytical (clarify criteria and use appropriate (?) language)</li> <li>• Can assessment team run through strategies again?</li> <li>• Who do we go to with assessment questions (assessment questions go to Maggie)</li> </ul>	
<p><b>Vision Statement</b></p>	<p><b>Working Vision:</b> Our working vision is that all King County residents have an equal quality of life, with equitable access to resources right in our neighborhoods that promote healthy and active lifestyles. That all residents have the ability, knowledge, and skills to obtain and prepare food that is healthy, affordable, and locally grown whenever possible, to feel safe and able to pursue physical activities and play, and to thrive in physical environments that make daily active living easy is the foundation of this vision.</p> <p>Low income and communities of color across our region have abundant urban food gardens, fresh food markets, and a connection farmers and profitable farms in neighboring rural communities. Neighborhoods</p>	<p><b>Outcome:</b> A vote to accept the working vision was passed.</p> <p><b>Action/Accountability:</b> Laura R. will collect feedback that was received after the adoption of the working statement. Maggie will post working vision onto the KCFFI website.</p>

throughout King County - and especially Delridge and White Center - have well maintained recreational facilities, sidewalks, bike paths, parks, trails, and community centers that are actively used by people across all generations and cultures to support and promote daily physical activity, enhanced social connections, and play. Community members can feel confident and safe as they walk, bike, play, and participate in sports together.

Children and their families are surrounded by environments that foster healthy lifestyles at school, in the community, and in their homes. Schools encourage students and staff to eat well and be physically active. Youth are engaged leaders, envisioning and creating healthy activities and spaces.

Strong and creative partnerships between community members and a wide diversity of organizations are at the core of our work. Through these efforts, the crisis of poor health in our communities, influenced by the food and physical activity environments where people live, work, and play, is a thing of the past.

Supported by policies and systemic change, King County leads the country in creating life-long wellness for our community members and healthy community environments.

**Summary:** A group of LC members worked together over email in the last few weeks to finalize a “working vision statement.” Laura Raymond read that to the group. A vote was taken to accept this as “working” through the planning phase and additional changes from here forward will be collected and saved by Laura R.

**Discussion:**

*Using the below guidelines, the group present came to consensus that the vision statement (see above, read out loud by Laura R.) would be the working vision.*

- How comprehensively and effectively does this vision statement represent the shared vision of the future that communities truly care about creating for children and families (in relationship to this work, of course)?

	<ul style="list-style-type: none"> <li>• If you took this to local farmer's markets, or other gathering in communities, to what extent would community members be able to understand the language and see the future they care about reflected in the statement?</li> <li>• What aspects of the vision conversation from May might be missing (if any)?</li> <li>• In what ways would this vision statement energize people, inspire them, draw them to you as partners?</li> <li>• Bottom line: Is this vision statement "good enough" to serve as a working vision to guide further conversations and action planning?</li> </ul>	
<b>Leadership Council Co-chairs</b>	<p><b>Summary:</b>  The stated job duties for the LC co chairs that were sent prior to the meeting were handed out to attendees as reminders prior to the discussion and vote. Five LC members were nominated as co-chairs, three of which accepted the nomination.  <i>Nominated:</i> Willie Austin, Michelle Bates-Benetua, Baraka Cloyd, Aviva Furman, Laura Raymond  <i>Accepted Nomination for vote:</i> Willie Austin, Michelle Bates-Benetua, Baraka Cloyd</p> <hr/> <p><b>Discussion:</b>  <i>Is this an equally divided job?</i>  <i>Will each co-chair have individual responsibilities?</i>  <i>Should we be more descriptive or creative as far as responsibility?</i></p>	<p><b>Outcome:</b> LC members were nominated and several accepted.</p> <p><b>Action/Accountability:</b>  An email vote will be sent out (deadline to vote for those not present is 12/12/08).  Maggie will report outcome of vote as soon as possible.</p>
<p align="center"><b>*Next Meeting will be on Wednesday, January 7, 2009 (Location TBA)</b></p>		