

**MEETING NOTES – King County Food & Fitness Initiative (KCFFI)
Leadership Council– 11/19/08, 2:30-4:30pm
LOCATION: Youngstown Cultural Arts Center**

Meeting Goals	1. To update the LC on committee discussion, progress, decisions 2. To learn about the UW neighborhood assessments for KCFFI and discuss next steps for planning
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Meeting Notes for KCFFI		
Date:	November 19 th , 2008	
In Attendance:	Martha Aitken, Ron Angeles, * Willie Austin, *Michelle Bates-Benetua, Derek Birnie, Branden Born, *Baraka Cloyd, *Virgil Damaoan, David Daw, *Randy Engstrom, *Aviva Furman, Brad Gaolach, Phillippia Goldsmith, *Mollie Grow, *Kate Halstead, Jim Krieger, Erin MacDougall, Alberto Mejia, Suzanne Nevan, *Amy White <i>*leadership council member</i>	
Regrets:	Maggie Anderson, *Rebecca Deehr, *Mary Embleton, *Kimi Martin, *Roxanne Slattery, *Tyra Sorensen, *Bethany Tate <i>*leadership council member</i>	
Facilitator(s):	Phillippia Goldsmith, Suzanne Nevan	
Recorder:	Martha Aitken	
Issue	Discussion	Outcome, Action, Accountability & Completion Date
Committee Reports	Summary: 2-5 minute reports from each committee	Outcome: Action/Accountability:
	OPERATIONS-(Randy Engstrom) WHITE CENTER-(David Daw) DELRIDGE-(Phillippia Goldsmith) VISIONING-(Laura Raymond) YOUTH-(Alberto Mejia) CULTURAL COMPETENCY-(Michelle Bates-Benetua)	
Assessment Update, Presentation, and Q & A	Summary: Branden Born (University of Washington Urban Design & Planning) presented assessment information on the food system & built environment for Delridge/White Center	Outcome: <i>This discussion will continue at the November 20th Ops meeting and at future LC meetings.</i> Action/Accountability:
	Discussion: Topic: Assessment process and outcome <ul style="list-style-type: none"> • How will we define gaps in data? • How do we publicize the data? • How can LC members engage with and participate in shaping additional assessment? <i>This discussion will continue at the November 20th Ops meeting and at future LC meetings.</i>	
*Next Meeting will be on Wednesday, December 3rd from 2:30-4:30 at Youngstown		

WHITE CENTER ADVISORY GROUP COMMITTEE UPDATE
King County Food & Fitness Initiative (KCFFI)
NOVEMBER 19, 2008

Committee Name: White Center Community		
Committee Chair/Lead: David Daw		
Committee Members: Community leaders and residents		
Definition/ Committee Charge:		
Meeting Date(s):		
Regular Meeting Date::		
Topic/Issue	Discussion	Outcome, Recommendation & Completion Date
White Center Community Summit	Summary: We had over 350 people attend the summit which addressed community needs and gave reports back on work currently being done in the community. The food and fitness workshop had 22 people attend.	Outcome: collected over 30 surveys, received input on health concerns in community, and showed a segment of unnatural causes. Action/Accountability:
Healthy Kids RFP	Summary: Submitted a proposal to the Seattle foundation for 10K to start a healthy foods program to work with ethnic restaurants to highlight healthy menu items.	Outcome: waiting for response Action/Accountability:
White Center KCFFI Advisor committee	Summary: Contacting possible committee members	Outcome: 5 confirmed members Action/Accountability:

Meeting Notes for KCFFI Cultural Competency Committee		
Definition/Committee charge:	Work to ensure cultural competency throughout KCFFI	
Meeting Date(s):	July 24 th , August 6 th (phone), September 24 th , October 20 th , November 17 th	
Regular Meeting Date:	TBD	
Issue/Topic	Discussion	Outcome, Recommendation & Completion Date
3 residents have stepped off the LC	<p>Summary: Residents should be involved at the LC level in addition to the other soon to be determined levels</p> <ul style="list-style-type: none"> • There are many barriers to participation (money, time, transportation, childcare, time of day...) • An outreach plan could be pulled together using existing networks. • Responsibilities & requirements of LC members need to be revisited to make sure they are accurate 	<p>Outcome: -We'll create a proposal to the LC to allow a stipend for additional meetings beyond 4/hrs/mo. -Work with Ron & White center contact to brainstorm list of potential community members, meet with them to determine if it's a good fit (schools, chamber, spiritual leaders, cmtty councils...) -Check in with folks who have left.</p> <p>Action/Accountability: -Review the budget for implications—Maggie or Martha will get CCC the budget -Contact folks who have left -Work with ops team: responsibilities and reqs to be on LC & application process</p>
	<p>Summary: We've defined our goals and results for what we would like Visions Inc to help us with—A train-the-trainer approach that works with everyone involved in LC with an additional day for a core group that wants to go deeper.</p> <p>WHY? Our vision for this initiative includes true community involvement, inclusivity and social justice and to be accountable to those values we HAVE to address racism, power, privilege, sexism, and other forms of oppression that affect how we do business and what decisions we make.</p> <p>Discussion: -Begin the long term process understanding how racism, sexism, classism and other forms of oppression play a role in all aspects of the LC & KCFFI -Explore various ways we as individuals and member of</p>	
Utilizing Visions (TAP team) to improve cultural competency of KCFFI, functionality of LC & create a safe place		<p>Outcome: We like the outline as is and need to get feedback from Visions Inc.</p> <p>Action/Accountability: Michelle will present to Visions Inc to see what is feasible. Confirm time they can provide us</p>

	<p>KCFFI can eliminate the barriers and behaviors that uphold oppression so that our work on the LC and in the community around food and fitness is effective, inclusive and empowering for all people.</p> <ul style="list-style-type: none">-Create a common language for us all to deal with various forms of oppression that affect the LC and our work in the community on conscious and unconscious levels.-Create an overall plan for achieving these goals beyond training.-Create measurable goals and action plans around this work <p><i>What will results look like?</i></p> <ul style="list-style-type: none">-A high functioning Leadership Council-Active community members with true power and voice in planning and implementing the KCFFI-A true COMMUNITY Action Plan-Celebration and positive energy!-A space where community members and committee members feel encouraged to vocalize and to listen to each others needs and find effective solutions to satisfy those needs.	
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COMMITTEE UPDATE
King County Food & Fitness Initiative (KCFFI)
NOVEMBER 19, 2008

Committee Name: Delridge Advisory Committee		
Committee Chair/Lead: Phillippia Goldsmith		
Committee Members: Suzanne Nevan, DNDA staff, Delridge neighbors		
Definition/ Committee Charge: Engage Delridge community members in KCFFI and gain input on the community action plan		
Meeting Date(s): November 24, 2008		
Regular Meeting Date:: Monthly meetings dates to be determined		
Topic/Issue	Discussion	Outcome, Recommendation & Completion Date
Delridge Advisory Committee	Summary:	Outcome: N/A
	<ul style="list-style-type: none"> • Flyer describing organizing committee created. (see attached) • Invites sent to local school PTSA's , Neighborhood Councils, Delridge residents, UW-Community Development Certificate Program students. • The first meeting will take place on Monday, November 24th at 6:00pm at Youngstown in the Movement Studio. 	Action/Accountability: Phillippia to continue sending invites to community members. Michelle Ruiz (DNDA CB Assistant) to do follow up phone calls to invitees 11/20
SALSA!!!	Summary:	Outcome: Action/Accountability:
	Salsa!!! Both Food & Fitness began 11/10/08 with 22 participants, 3 were DNDA housing residents. 11/17 session brought in 4 new participants for a total of 26 persons interested in the program.	
Walking Audit	Discussion:	Outcome: Action/Accountability: Phillippia/Michelle Ruiz to do follow up calls on 11/20
	Our goal is 40 participants with ¾ paying the \$25 fee and ¼ receiving scholarships. If the attendance does not increase we might have to cancel Salsa.	
Walking Audit	Summary:	Outcome: Action/Accountability: Phillippia/Michelle Ruiz to do follow up calls on 11/20
	Saturday, November 22 nd 10am-12noon Beginning at West Seattle 16 participants confirmed (youth & adults included)	
Walking Audit	Discussion:	Outcome: Action/Accountability: Phillippia/Michelle Ruiz to do follow up calls on 11/20
	Our goal is 40 participants with ¾ paying the \$25 fee and ¼ receiving scholarships. If the attendance does not increase we might have to cancel Salsa.	

Committee Name: OPERATIONS TEAM		
Committee Chair/Lead: Rotating responsibility between co-conveners		
Committee Members: Martha Aitken, Maggie Anderson, Derek Birnie, David Daw, Randy Engstrom, Brad Gaolach, Phillippia Goldsmith, Jim Krieger, Erin MacDougall, Suzanne Nevan (one time attendance by Becca Deehr)		
Definition/ Committee Charge: Weekly support for KCFFI operations to ensure forward motion of the CAP.		
Meeting Date(s): October 9 th , 16 th , 23 rd , 30 th , November 6 th , 13 th (2008)		
Regular Meeting Date: Each Thursday from 2-4pm @ Youngstown Cultural Arts Center conference room		
Issue	Discussion	Outcome, Recommendation & Completion Date
Committee purpose and structure	Discussed how best to utilize the Operations Committee to facilitate forward motion of the CAP and coordinate committee work. Roles include identifying and monitoring timeline and benchmarks, setting decision making priorities for the LC, defining committee roles, facilitating the efficient distribution of work in and out of committees.	Discussions are ongoing. Will draft proposed committee roles, responsibilities and structure.
Community representation on LC	Seats for community members on LC need to be filled.	David and Phillippia will continue outreach.
CAP timeline	Immediate action needs to be taken to keep the writing of the CAP on track for completion in July.	Recommend that the December 3 LC meeting be devoted to preparing for a community retreat in December to clearly outline the path and division of labor toward the CAP.
LC co-chairs and LC representation on the OPS committee	In order to be truly effective the Operations committee should have representation from the LC. LC co-chairs would be the most likely participants, but those positions are currently vacant.	Invite LC members to the 11/20 meeting and devote half of it to finding a solution to this issue.

YOUTH ENGAGEMENT COMMITTEE UPDATE
King County Food & Fitness Initiative (KCFFI)
NOVEMBER 19, 2008

Committee Name: YOUTH		
Committee Chair/Lead: Randy Engstrom		
Committee Members: Youth Serving Organization representatives, Youngstown Staff, Youngstown Youth in Leadership		
Definition/ Committee Charge: Engage Youth in the KCFFI and provide input for the Community Action Plan		
Meeting Date(s): 4PM-5:30PM, October 29 th		
Regular Meeting Date:: One hour prior to monthly FEEST potluck @ Youngstown (Every Last Wednesday of the month at 4PM) Next Meeting 11/26. No Meeting in December.		
Issue	Discussion	Outcome, Recommendation & Completion Date
KCFFI History	Summary: Randy and Maggie gave a brief history of the initiative to date, as there were many new people	Outcome: People now know stuff. Action/Accountability: None
CANFIT	Summary: Alberto has been talking to the California Institute and their partners CANFIT, who want to come up and offer workshops	Outcome: We're looking at dates for them to come visit Action/Accountability: Alberto to follow up with CI and CANFIT
	Discussion: The different partners were excited to offer their Youth the trainings	
CAP	Summary: Our teams input is going to be needed in the Community Action Plan	Outcome: Committee needs to know what is being asked Action/Accountability: Randy will ask the leadership council to clarify
	Discussion: We know that the CAP is going to be happening so, and that it requires input from all of us, but we need more information about what that information should look like.	
FEEST, Walking Audit, Delridge Olympics	Summary: There are a number of activities that are coming up for both Youth and Youth workers.	Outcome: Collaborative Partners will distribute info about the events to their communities. Action/Accountability: Partners will continue to meet to plan activities and workshops.
	Discussion: FEEST potlucks open to everyone are the last Wednesday of each month (preceded by Youth Engagement Meetings). The Delridge Walking Audit is Saturday November 22 nd . The youth were awarded a grant for the Delridge Olympics, which still needs to be planned.	